Voorhees Early Childhood Advisory Council

PRESCHOOL NEWSLETTER MARCH 2025





SPRING INTO LEARNING

Hello Preschool Families!

March is here, and with it comes the promise of warmer days, blooming flowers, and exciting new learning opportunities for our little ones!



This month, we're embracing the wonders of spring with hands-on activities, engaging stories, and funfilled experiences that nurture curiosity and growth. In this issue, you'll find helpful tips for supporting your child's development at home, upcoming events to mark on your calendar, and ways we're fostering kindness, safety, and respect in the classroom.

Plus, don't miss our Parent Corner, where we share resources to help you make the most of this special preschool journey.

Let's make this a March to remember!

Read on to see what's in store!



HELPFUL TIPS FOR SUPPORTING YOUR CHILD'S DEVELOPMENT AT HOME

ENCOURAGE INDEPENDENCE

Let your child practice simple tasks like putting on their shoes, cleaning up toys, or helping set the table. This builds confidence and responsibility!

READ TOGETHER DAILY

Reading aloud for just 15 minutes a day strengthens language skills and fosters a love for books. Ask questions about the story to develop comprehension skills.

ENGAGE IN HANDS-ON PLAY

Activities like coloring, cutting with child-safe scissors, and playing with playdough strengthen fine motor skills for writing readiness.

GET OUTSIDE AND EXPLORE

Spring is a great time for nature walks! Encourage curiosity by observing plants, bugs, and the changing weather.

MODEL POSITIVE COMMUNICATION

Teach your child how to express emotions with words, and practice using kind and respectful language in everyday situations.



Needs Assessment & Community Engagement.



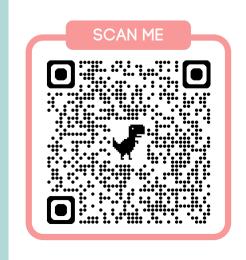
WE WANT TO HEAR FROM YOU

Our Community Needs Assessment Committee is gathering feedback to better understand how we can support our preschool families.

LOOK OUT

Please fill out the survey below. It will help us learn what resources and programs would be most helpful to you









Teaching Kindness at an Early Age

Kindness is a key part of social and emotional development. Teaching young children how to be kind helps them build friendships, develop empathy, and create a positive learning environment. At this age, small acts of kindness make a big difference!

Ways to Encourage Kindness at Home

Model Kindness:
Children learn best by example.
Show kindness in your
daily actions.

Use Kind Words:
Teach children simple phrases
like "please,"
"thank you," and "l'm sorry."

<u>Praise Kind Acts:</u> Recognize and celebrate when children show kindness to others.

Encourage Helping Others:
Provide opportunities for children to assist their friends, teachers, or family members.

Kindness Activities for Preschoolers

Kindness Chain:
Write down kind actions on paper
strips and link them together
to see kindness grow!

Compliment Circle:
Have children say something nice
about a classmate or family
member.

Helping Hands: Create a chart where children can track when they help someone.

Kindness Scavenger Hunt:
Give children a list of kind
actions to complete during the week.



NURSE'S NOOK



As the weather changes, so do our health needs. Here are a few healthy habits to help your little one stay well this season:

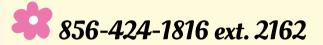
Wash hands often to keep those springtime germs away.

Wash your HANDS

Dress for the
weather—mornings can
be chilly,
so light layers are best!

Contact Information :

Nurse Stephanie Scarpa RN, BSN (Kresson, Fervent, TLC)



🗱 scarpa@voorhees.k12.nj.us







Research 1 has shown that the skills your child needs to be successful in the future are social and emotional skills!

The more socially skilled children are, the more likely they are to succeed in school. Because this is so important for your child, we are using the Pyramid Model in our program.

What is the Pyramid Model?

The Pyramid Model is a framework for supporting the social and emotional development of our children. The goal of the

Pyramid Model is to create an environment where every child feels good about coming to school. This is accomplished by designing classrooms that promote engagement in learning and by building positive relationships among children, families, and staff. In our use of the Pyramid Model, our classroom staff will work together to ensure that all children understand behavior expectations, receive instruction in social skills, and those who are struggling receive individual support.

The Pyramid Model illustrates that the foundation for helping children develop social and emotional skills is nurturing and responsive relationships and high quality environments. The middle of the Pyramid, teaching of social and emotional skills, is provided to all children with some children receiving additional teaching and support. The top of the Pyramid shows that a few children will need the foundation, the middle AND individualized intervention to address challenging behavior.

To use the Pyramid Model, our program established a leadership team that will provide ongoing support to our staff and families. Our leadership team looks forward to sharing some of the important work we are doing, including teaching program-wide expectations, partnering with families, training staff in teaching strategies, providing classroom coaching to help teachers implement, and using data for decision-making. Stay tuned for ongoing updates about the Pyramid Model in our program!

1 Jones, D. E., Greenberg, M., & Crowley, M. (2015). Early social-emotional functioning and public

health: The relationship between kindergarten social competence and future wellness. American Journal of Public Health, 105, 2283-2290.

What is gained by using the Pyramid Model?

FAMILIES

- Receive information on how to help promote children's social and emotional skills
- Team with teachers to help children grow and learn
- Receive support for preventing and addressing behavior problems

TEACHERS

- Are effective in helping children learn social and emotional skills
- Strengthen classroom management skills
- Have information and resources to support families

CHILDREN

- Increase their social and emotional skills
- Improve in their readiness for kindergarten



Intervention

Targeted Social

Emotional Supports

High Quality Supportive Environ

Effective Workforce



communicati Implementation







Updates



We're working hard to enhance communication between families and our preschool!

Stay tuned for upcoming parent workshops and resources designed to keep you informed and engaged.

Please Scan For More Information



Backpack Series:

How to Help Your Child Understand and Label Emotions



Backpack Series:

How to Teach Your Child to Take Turns

SCAN ME



Backpack Series:

How to Help Your Child Have a Successful **Bedtime**

SCAN ME



hello-Kindergarten!

Our Transition to
Kindergarten
Committee is here to
support you every
step of the way!



Join us for an informational session on June 11th, where we'll cover everything you need to know, including:

Kindergarten enrollment steps

Readiness tips to help your child thrive

Strategies to

make the

transition smooth

and exciting

We look forward to helping your little one get ready for this exciting milestone!

Stay tuned for more details.

PRESCHOOL PARENT ENGAGEMENT WORKSHOP



Motor Skills

JOIN OUR WORKSHOP ON MOTOR SKILLS,
LED BY OUR EXPERT PRESCHOOL OCCUPATIONAL THERAPIST AND PHYSICAL THERAPIST!
GAIN VALUABLE INSIGHTS
AND STRATEGIES TO
SUPPORT YOUR
CHILD'S DEVELOPMENT.



Scan the QR Code to RSVP!

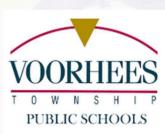
WHEN: WEDNESDAY, APRIL 2, 2025

WHERE: ADMINISTRATION BUILDING 329 ROUTE 73

SOUTH

Time: 5:00 PM - 6:00 PM









Additional Activities

Unlimited Performance: Ninja Warrior

Ninja Warrior for preschoolers offers fun obstacle courses that can strengthen their gross motor skills in a safe space.

Saturday, March 1st, 2025

Home Depot DIY Kids Workshop 9:00 AM-12:00 PM Home Depot - Cherry Hill

Wednesday, March 5th, 2025

Caregiver and Me Play Date: Sounds and Songs 10:00 AM-10:45 AM Arts Play Theatre ZZ Dance

Saturday, March 8th, 2025

JCPenney Kids Zone 11:00 AM - 12:00 PM Create your own mobile rainbow.

Friday, March 14th, 2025 10:30am

Baby and Me Meetup Mount Laurel Library

Monday, March 31, 2025

Move and Groove Movement Class

Mount Laurel Community Center



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For any comments, questions, or suggestions, please fill out this form

